

Emotional Intelligence (EQ) Test-R for donor AXLE

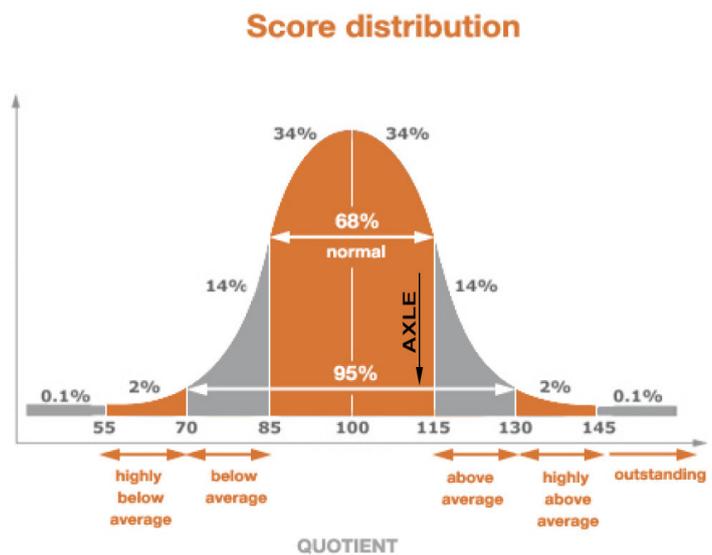
Emotional Intelligence Test-R assesses the ability to perceive, understand and manage one's own emotions and those of others.

For more information about the EQ Test-R, please visit www.centraltest.com

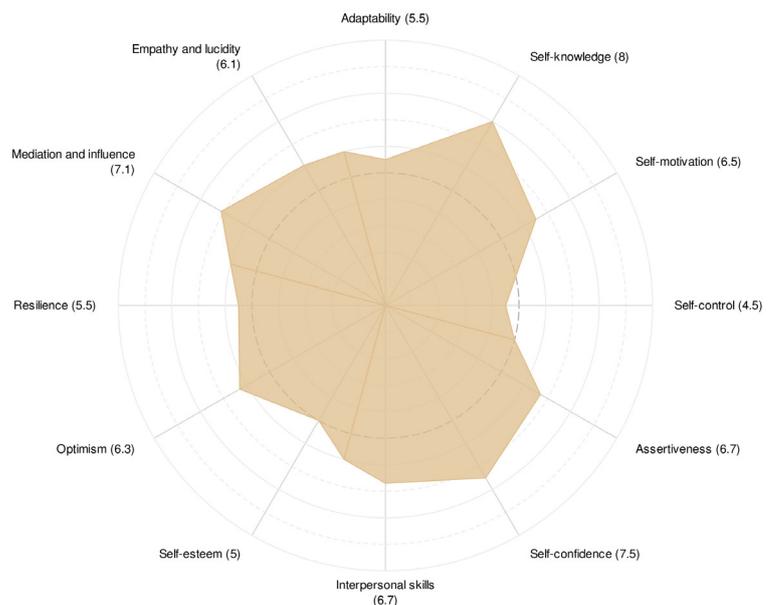
AXLE's score distribution

Quotient: 112

Level: AXLE has slightly above average emotional intelligence. He is generally at ease with his emotions and those of others.



AXLE's personality graph



AXLE's strengths

AXLE has developed strong analytical skills and is deeply introspective. He therefore understands what he wants, how he feels and what he needs.

AXLE has faith in his abilities and resourcefulness. He is therefore confident about his choices and can cope with changes and difficult situations calmly.

AXLE knows how to find the words to get people interested and motivated. He is able to reconcile diverging points of view, and he is good at easing conflict.

AXLE's main weak points

No dominant trait emerges from AXLE's profile.

Advice for AXLE:

No dominant trait emerges from AXLE's profile.

Read much more about AXLE's personality traits on the following pages...

An interpretation of AXLE's score

Self-knowledge

Thanks to excellent introspection skills, AXLE can correctly analyze his emotions and behavior. This helps him understand who he is, what he wants and what he needs. However, he has a strong tendency to over-question himself and this is not always necessary.

Self-control

Depending on the situation, AXLE can or cannot control negative emotions such as stress or anger. These feelings may obscure his judgement if the pressure is too high. However, AXLE handles everyday situations quite well.

Self-motivation

When AXLE starts a new activity or project, he knows how to find the necessary determination and motivation within himself in order to reach his objectives.

Adaptability

It is sometimes hard for AXLE to stray from habit or change his points of view if he feels particularly strong about them. He does, however, possess an ability to adapt and he is ready to accept change.

Self-esteem

Being aware of his good qualities and his shortcomings, AXLE has a mostly accurate image of himself. In general, he knows what he is worth. By raising his self-esteem, he could better showcase his strengths.

Optimism

Generally speaking, AXLE is quite happy with life and he looks on the bright side of things. However, certain difficulties and challenges can lead to discouragement and make him temporarily lose his natural optimism.

Resilience

AXLE does not throw in the towel after failing badly at something. He gets back on his feet and does his best to learn from his mistakes and not feel regret.

Self-confidence

AXLE is aware of his abilities and he believes in his own resourcefulness. He is not afraid of responsibility and he is generally confident about his choices. Few things can shake his self-confidence.

Interpersonal skills

His behavior and ability to express himself clearly show that AXLE is generally comfortable with people. His enjoyment in talking to others can be seen from day to day. As he is open to all subjects of conversation, his easygoing attitude makes him well-liked and people seek his company.

Assertiveness

AXLE insists on expressing his point of view at all costs, even when others do not agree. This may lead to lengthy discussion or create momentary tension. He is ready to face this, because what he is looking for is real discussion, not confrontation. Steering clear of a discussion is not impossible, but this is a rare occurrence.

Empathy and lucidity

Generally speaking, AXLE can correctly interpret the intentions or emotions of others. AXLE pays attention to his environment and to what others say to him, but sometimes in a slightly superficial manner. By becoming more attentive, he could surely gain clearer insights on certain points of view.

Mediation and influence

Being good at managing conflict and motivating teams, AXLE can find the right words to sound convincing, to show encouragement and to reconcile diverging points of view. He knows how to ease tension and get people interested, and he also has a talent for persuasion.