

Emotional Intelligence (EQ) Test-R for donor ARGUS

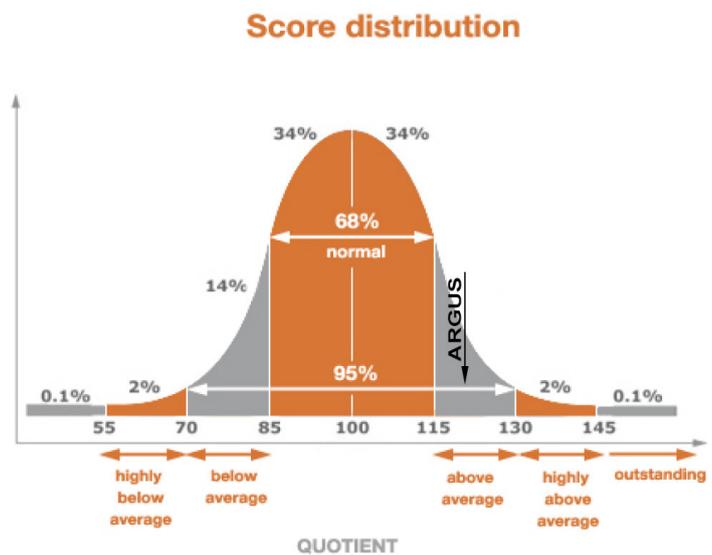
Emotional Intelligence Test-R assesses the ability to perceive, understand and manage one's own emotions and those of others.

For more information about the EQ Test-R, please visit www.centraltest.com

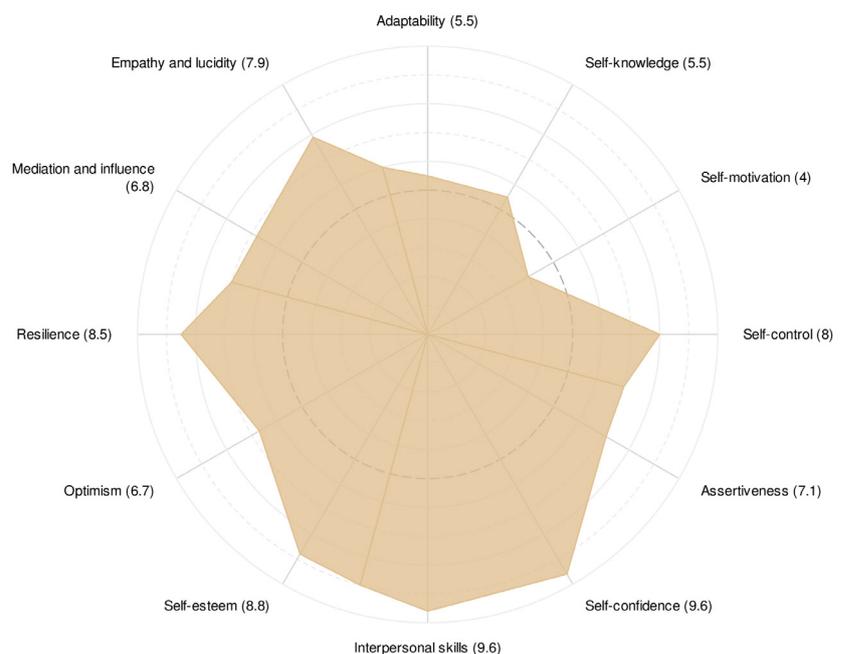
ARGUS's score distribution

Quotient: 123

Level: ARGUS has above average emotional intelligence. He is at ease with his emotions and those of others.



ARGUS's personality graph



ARGUS's strengths

ARGUS has no doubts about his resourcefulness or abilities. He is quite confident about his choices and can take on unexpected situations calmly.

ARGUS approaches others very easily. He likes being able to share what he thinks and how he feels. He knows how to maintain good relationships with people.

ARGUS is fully aware of his positive traits, and he knows how to put them forward. Meanwhile, he does not ignore his shortcomings or mistakes; he recognizes them and puts them into perspective.

ARGUS's main weak points

No dominant trait emerges from ARGUS's profile.

Advice for ARGUS:

No dominant trait emerges from ARGUS's profile.

Read much more about ARGUS's personality traits on the following page...

An interpretation of ARGUS's score

Self-knowledge

ARGUS's introspection skills are quite good and this helps him effectively analyze his emotions and behavior. He is not, however, always perfectly aware of all his desires and needs—it takes time for him to understand what he wants.

Self-control

Clearly ARGUS has a high level of self-control. In stressful or unusual situations, he knows how to take a step back and he can easily master negative emotions such as anger or frustration. However, being able to control these feelings does not mean that ARGUS should never express himself.

Self-motivation

Depending on the situation, ARGUS can easily get motivated or on the contrary, become less determined if he loses enthusiasm. While he generally reaches his objectives, he may need support in order to stay driven.

Adaptability

It is sometimes hard for ARGUS to stray from habit or change his points of view if he feels particularly strong about them. He does, however, possess an ability to adapt and he is ready to accept change.

Self-esteem

ARGUS is clear-sighted about his self-esteem. Being fully aware of his positive and negative traits, he has a very good image of himself and he understands what he is worth. This high self-esteem helps him showcase and capitalize on his strengths. ARGUS must however take a step back in certain situations, otherwise people may find him pretentious.

Optimism

Generally speaking, ARGUS is happy with life. Being naturally optimistic, he looks on the bright side of things. To sum up, ARGUS can appreciate what life has to offer and he thinks that the best is yet to come.

Resilience

After failing badly at something, ARGUS does not throw in the towel. He quickly gets back on his feet and moves forward. He learns from his mistakes and he is not the type of person who is burdened with regret.

Self-confidence

ARGUS's self-confidence seems unshakeable! He has no doubts about his abilities and he believes in his own resourcefulness. This self-assurance makes him confident about his choices and he constantly challenges himself. However, ARGUS can also be too sure of himself and therefore minimize certain difficulties or neglect good advice.

Interpersonal skills

His communicative behavior and ability to express himself perfectly clearly show that ARGUS is a "people-person." His enjoyment in talking to others can be seen all day long. As he is open to all subjects of conversation, his easygoing attitude makes him well-liked and people seek his company.

Assertiveness

ARGUS insists on expressing his point of view at all costs, even when others do not agree. This may lead to lengthy discussion or create momentary tension. He is ready to face this because what he is looking for is real discussion, not confrontation. Steering clear of a discussion is not impossible, but this is a rare occurrence.

Empathy and lucidity

Being very attentive to his environment, ARGUS can interpret other people's emotions with great accuracy and he can perfectly decipher unspoken messages. He does not often make mistakes about people or their intentions. To sum up, ARGUS possesses the ability to fully empathize with others.

Mediation and influence

Being good at managing conflict and motivating teams, ARGUS can find the right words to sound convincing, to show encouragement and to reconcile diverging points of view. He knows how to ease tension and get people interested and he also has a talent for persuasion.