Welcome to ASBEK’s Extended Donor Profile

ASBEK voluntarily provided the following information which will be disclosed to future parents as an aid in their selection

General information and characteristics

Race: Caucasian  
Ethnicity: Danish  
Height: 181 cm  
Weight: 96 kg  
Build: Muscular  
Shoe size: 46  
Clothing size: X-Large  
Skin tone: Medium  
Facial shape: Square  
Lips: Medium  
Eye colour: Blue/Green  
Eyebrows: Brown  
Beard: Brown  
Hair: Dark blond, medium thick and wavy

ASBEK uses prescription lenses. He suffers from dyslexia but it does not affect him in his daily life. He does not suffer from any allergies, medical conditions or physical abnormalities. ASBEK resembles the American dancer and actor Patrick Wayne Swayze. Click here for photos of Patrick.

Academics

ASBEK went to school for a total of 16 years including primary and lower secondary school. After finishing high school, he applied for an apprenticeship at the Air Force. He has a degree in electronics from the Air Force. Currently, ASBEK works in a wind power company. His educational goal is to get a bachelor’s degree, and he is planning on spending an additional 2 years studying. His former jobs include worker as a teacher assistant and as an operator. He has carried out voluntary work in a political organisation and in a voluntary organisation. ASBEK’s native language is Danish and he also speaks English and some German. He has served in the military as a lands corporal.

“I have a degree in electronics from the Air Force and I work for a wind power company.”
Q&A with ASBEK
ASBEK answers questions about his life, experiences, and good memories

Which words describe your personality?
Enthusiastic, dedicated and loyal.

Describe your strong sides:
I am good at solving practical problems. Not afraid of setbacks and goal orientated. And I believe my biggest strength is that I know my own weaknesses and can act to minimise the consequences.

Describe your weak sides:
I am dyslexic, a bit shy in new social gatherings and have a tendency to want to please people.

What is your marital status?
Single.

Do you have any children?
No.

Which types of sport do you play or have played?
Soccer and table tennis.

Which other types of sports are you interested in?
Soccer and handball.

List any other hobbies you may have or have had:
Theatre, different varieties of board games, role-playing games, computers and history.

Do you eat healthy?
I try.

Do you smoke?
Yes.

Do you ride a bicycle?
Never.

How much alcohol do you drink on average per week?
Between 0 and 3 beverages.

Which countries have you visited:
Germany, The Netherlands, France, England, Belgium, Switzerland, Norway, Italy, Austria, Australia, New Zealand, USA, Kosovo, Bulgaria, Serbia, Albania.

Describe the best holiday you have had:
Must have been my trip when I was backpacking through New Zealand and Australia. I had the benefit of having three months off with full pay so I was a luxury backpacker. Visiting as much as possible and meeting many wonderful people.

List which musical instruments you play or have played:
-

Religion: Atheist.

How many hours of sleep do you get on an average night?
7.

What do you like the most about your own country:
The way our society works. I’m proud that no matter who you are, you have the same access to free education and healthcare.
Q&A with ASBEK - continued
ASBEK’s dreams, favourites and experiences

Who are your idols/heroes/heroines?
That would have to be Winston Churchill, the man that saved Europe. And of course there’s Kennedy that saved the world.

What are your goals in life?
My goal is to have a good life and try to make a positive difference. Maybe even become a politician.

What were your childhood dreams:
To become a fireman or a policeman.

Which values do you rank the highest?
Honesty and loyalty.

Which childhood experience made the biggest impression on you?
A conversation I had with my father. I’ll try to describe it the best I can. My father told me that he was like a tree with a big crowd casting a lot of shadow and I was a small tree in the shadow, and if I could not survive I in the shadow I would have to wither and die. It took me many years to understand it but today I’m actually glad that he told me so, and I have a good relationship with him.

Which was your greatest experience or moment?
Backpacking through New Zealand.

Happiest: Becoming an uncle.

Funniest: When I convinced my almost blind grandmother that my dad was beating me. He was not. Was just making it up and she started to yell at him telling him to stop.

Scariest: When I was bungee jumping.

Proudest: When I graduated my technical school with the highest average in the class.

Most dangerous: Crashing my car.

Greatest sorrow: Losing my grandmother.

What is your favourite colour?
Red because of the values associated with the colour.

What is your favourite animal?
Lions. Very powerful animal and it is king of the animals.

What is your favourite kind of food?
Tuscan food in general - especially Tuscan wild boar pasta.

What is your favourite kind of music?
Everything from Metallica to Evanescence.

What is your favourite kind of car?
Aston Martin, who don’t want to drive like James Bond.

What is your favourite kind of pet?
I would like to have a cat some day.

What is your favourite time of year?
Late spring when it starts to get warmer and all the girls dress for the summer.

What is your favourite book and/or author?
“The Lord of the Rings” by JRR Tolkien.

What is your favourite movie and/or director?
“Star Wars”.
ASBEK’s family tree
Information about ASBEK’s siblings, parents and grandparents

Paternal Grandfather
- Age: 65
- Alive: No
- Race: Caucasian
- Ethnicity: Danish
- Education: -
- Occupation: Worker
- Height: 181 cm
- Weight: 80 kg
- Hair colour: Brown
- Eye colour: Brown
- Health: Died from a heart attack due to alcoholism and heavy smoking

Paternal Grandmother
- Age: 78
- Alive: No
- Race: Caucasian
- Ethnicity: Danish
- Education: -
- Occupation: Worker
- Height: 168 cm
- Weight: 70 kg
- Hair colour: -
- Eye colour: -
- Health: Good

Maternal Grandfather
- Age: 63
- Alive: No
- Race: Caucasian
- Ethnicity: Danish
- Education: Business School
- Occupation: Own business
- Height: 179 cm
- Weight: 80 kg
- Hair colour: Dark brown
- Eye colour: Blue
- Health: Died from lung cancer due to smoking

Maternal Grandmother
- Age: 93
- Alive: No
- Race: European
- Ethnicity: Danish
- Education: Primary school and household
- Occupation: Unemployed
- Height: 172 cm
- Weight: 172 kg
- Hair colour: Dark blonde
- Eye colour: Blue/Green
- Health: Good, but in her last years she suffered from glaucoma

Father
- Age: 69
- Alive: Yes
- Education: Technical school
- Occupation: Painter, sales man, CEO
- Height: 192 cm
- Weight: 95 kg
- Hair colour: Dark brown
- Eye colour: Blue
- Health: Good

Mother
- Age: 70
- Alive: Yes
- Education: Nursing school
- Occupation: Physiotherapist, head of a department
- Height: 172 cm
- Weight: 71 kg
- Hair colour: Light brown
- Eye colour: Blue/Green
- Health: Good, but she began to suffer from rheumatoid arthritis when she was 50 years old

Sister
- Full or half: Full
- Age: 40
- Alive: Yes
- Education: University
- Occupation: Chief receptionist
- Height: 177 cm
- Weight: 65 kg
- Hair colour: Blonde
- Eye colour: Blue
- Health: Good
Hi,

I’ll try to explain my reason for becoming a donor and a little about me.

My decision to become a donor is one that has taken some years, but the thought of becoming one started maybe 9 or 10 years ago. I was at a friend’s birthday party where I ended up in a discussion about people’s right to have children or getting help to have children.

About a year ago, I saw a very good documentary that was following three different women through the process. And I could see how much it meant for them. This rekindles the thought of becoming a donor.

And now I have taken the active choice of becoming one and I wish you the best of luck.