

# Welcome to ADELLE's Extended Donor Profile

ADELLE voluntarily provided the following information which will be disclosed to future parents as an aid in their selection

## General Information and characteristics

**Race:** Caucasian  
**Ethnicity:** Irish/Italian/Spanish  
**Height:** 5' 4"  
**Weight:** 116 lbs  
**Build:** Slim  
**Shoe size:** 5  
**Clothing size:** Small  
**Skin tone:** Fair  
**Facial shape:** Oval  
**Lips:** Full  
**Eye color:** Blue  
**Eyebrows:** Brown  
**Hair:** Brown, thick and wavy

*“ I have a way of making people feel comfortable and I'm a natural leader. I can be described as approachable and empathetic.*



ADELLE does not wear prescription lenses. She doesn't have any allergies. She has no medical conditions or physical abnormalities.

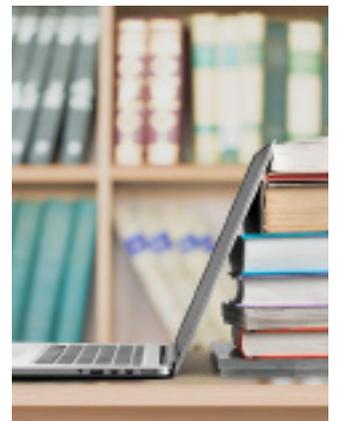
## Academics

ADELLE went to school for a total of 13 years, including primary school. At the age of 16, she was admitted to a university, where she is currently pursuing her Bachelor's Degree. She is studying Journalism and Creative Writing, and also taking courses in Public Relations. She is a student in the honors program, and is also taking service learning courses. ADELLE

plans to finish her education within two years, and would like to write for talk shows on television. In addition to her coursework, she works as an art instructor and as a hostess at a sushi restaurant. She has also done volunteer work with adoptable animals and victims of abuse. ADELLE's native language is English.



*“ I am an honor's student pursuing a Bachelor's Degree in Journalism and Creative Writing.*



## Q&A with ADELLE

# ADELLE answers questions about her life, experiences, and good memories

### Which words describe your personality?

Outgoing, funny, approachable, bubbly, understanding, empathetic, comforting.

### Describe your strong sides:

I'm very good with people, to the point that I'd describe myself as charming. I have a way of making people feel comfortable; they trust me easily and feel safe opening up to me, and I make it my mission to make sure they continue to feel that way. I seem to always know what to say, and my friends usually come to me first when they need a pick-me-up or advice. I'm a natural leader, but with that comes the understanding of when to sit back and let someone else handle things, and when to take charge.

### Describe your weak sides:

I can be very stubborn at times, and other times a little impatient. I like being right too much. I'm also known to spread myself pretty thin or let people take advantage of me because I want to keep everyone happy.

### What is your marital status?

Single.

### Do you have any children?

No.

### Which types of sport do you play or have played?

Gymnastics, cheerleading, dance, cross country, track and field.

### Which other types of sports are you interested in?

Hockey, basketball.

### List any other hobbies you may have or have had:

I love photography. I got my first camera when I was 11 and I now collect old vintage cameras in addition to the functional ones I have. I also produce and mix music, a hobby I got into because of trying to save money by mixing music for dance and cheer.

### List which musical instruments you play or have played:

Clarinet, equalizer.

### Religion:

Non-religious.

### How many hours of sleep do you get on an average night?

7.

### Do you eat healthy?

Always.

### Do you smoke?

No.

### Do you ride a bicycle?

Sometimes.

### How much alcohol do you drink on average per week?

None.

### Which countries have you visited:

Canada, Mexico, United States.

### Describe the best holiday you have had:

Last summer, one of my best friends moved to Nashville. I'd never been to Tennessee, but two months after she moved I booked a plane ticket. She hadn't started school yet and was living in an apartment outside the city, so she hadn't made any friends. We spent the week driving around and spending hours in beautiful falls, rivers, and forests. We swam and hiked, and ate our meals in truck stops, because we were in the middle of nowhere and couldn't find any restaurants most of the time. We also spent time in downtown Nashville and downtown Franklin, both really pretty places with cool cultures. It would have been an amazing experience even if I hadn't gotten to spend it with my best friend, but doing it with her made it all the better.



### What do you like the most about your own country:

I love the diversity and voice of my country. I love that if you're angry about something, you speak up, and then slowly other voices start to echo you until you're on the path to creating real change. I love that no matter how hard people try to make the country an unsafe or unhappy place, people always seem to rally and make up for tragedy tenfold. I love that I can just drive, wherever I want. Theoretically, I could drive to a place where the sun shines for 18 hours a day. I could go somewhere freezing, or somewhere sweltering. I can see canyons, rivers, falls, lakes, forests, beaches, and cities all without a passport. I have a lot of options here, and a lot of time to take advantage of them.

# Q&A with ADELLE - continued

## ADELLE's dreams, favorites and experiences

### Who are your idols/heroes/heroines?

One of my greatest personal heroines is the American journalist Maria W. Stewart. She's not a common household name, but she was a remarkable woman. She was the first African American journalist, and she wrote abolitionist articles during times of slavery. She was looked down upon by nearly everyone—including other African Americans—but she fought for what she believed in, and I have great admiration for that, and aspirations to be that kind of person.

### What are your goals in life?

I have a strong interest in activism, I want to be a voice and an advocate for the masses.

### What were your childhood dreams:

I wanted to be a photographer for the National Geographic. I wanted to travel and be in nature and take breathtaking shots. I also always had dance in the back of my mind as something that would always be a part of my life.

### Which values do you rank the highest?

Empathy, it's near impossible to succeed if you can't connect to and be understanding of other people. I also value honesty and transparency, because to me, vulnerability is strength.

### Which childhood experience made the biggest impression on you?

I think the experiences that affected me most could almost be considered lack of experience. My parents never put tons of pressure on me to be an A+ student or an honors student or to pursue certain sports or hobbies, they just let me do my own thing and supported me in what I chose, and rewarded me for my achievements. That upbringing allowed me to really develop a sense of self and individuality that many people don't figure out until later in life.

### Which was your greatest experience or moment?

Performing a dance solo for a charity event after being benched for almost a year.

**Happiest:** My high school graduation party. A small group of my closest friends came and I remember sitting and realizing that I had made it all the way to my adult life, and I was surrounded by some of the most loving and amazing people I'd ever encountered.

**Funniest:** Funny moments are weird to explain because it's always less funny if you weren't there. My favorite memory is sitting in the parent pickup line in middle school with a girl I was just getting to know (we were still in the awkward acquaintance stage). I remember she said my name, I looked up, and she just sang "liiifee is haaaard". I don't think I've ever laughed so much in my life, and that girl is still one of my closest friends to this day.

**Scariest:** I lost control of my car once, for no apparent reason. My car spun out over three lanes of traffic into the median. It was also my luckiest moment because I didn't hit anything, I was fine, and my car was fine.

**Proudest:** Being admitted to a university at the age of 16, I got a perfect score on the written portion of the SAT, and that helped me decide a lot of things about my academic future and career, and it gave me a lot of confidence.

**Most dangerous:** When an escaped convict ran onto our middle school property.

**Greatest sorrow:** Realizing that I was moving away from all the people I love most, and that we'd all be scattered across the country. The love doesn't change, but it's still super sad.

### What is your favorite color?

Orange, I think it's underrated and it looks cool in all its shades.

### What is your favorite animal?

Dogs, no animal will ever be as nice as a dog.

### What is your favorite kind of food?

Smoothies, I enjoy drinking five servings of fruit in one sitting.

### What is your favorite kind of music:

I love all music, but I particularly love electronic music because it's just a bunch of random sounds made in a computer. It is fun and meaningless!

### What is your favorite kind of car:

1968 Pontiac GTO. My dad has been restoring Pontiacs for as long as I can remember, but the GTO was the first one he had. It was bright red and he used to take me on drives in it and I would feel like the coolest kid in the world.

### What is your favorite kind of pet:

Rabbits, they are great, able to be litter trained and are much nicer than cats.

### What is your favorite time of year:

Late October through early January. That covers Halloween, Thanksgiving, Christmas, and New Year's.

### What is your favorite book and/or author:

"The Handmaid's Tale," it is about strength, choice, and oppression, and I didn't really understand that the first time I read it, but the second and third times, it stuck.

### What is your favorite movie and/or director:

The American director Wes Anderson's "Fantastic Mr. Fox". He took a pretty simple kid's book and made it so clever and fun and visually pleasing. That takes talent.

# ADELLE's family tree

## Information about ADELLE's siblings, parents and grandparents



### Paternal Grandfather

**Age:** 72  
**Alive:** Yes  
**Race:** Caucasian  
**Ethnicity:** Irish/Spanish  
**Education:** Bachelor's Degree  
**Occupation:** Business Owner  
**Height:** 5' 10"  
**Weight:** 220 lbs  
**Hair color:** Brown  
**Eye color:** Blue  
**Health:** Good, but has experienced lung failure (smoker)

### Paternal Grandmother

**Age:** 80  
**Alive:** No  
**Race:** Caucasian  
**Ethnicity:** Irish/Spanish  
**Education:** High School  
**Occupation:** Homemaker  
**Height:** 5' 2"  
**Weight:** 120 lbs  
**Hair color:** Brown  
**Eye color:** Blue  
**Health:** Good

### Maternal Grandfather

**Age:** 89  
**Alive:** No  
**Race:** Caucasian  
**Ethnicity:** Irish/Italian  
**Education:** Doctorate  
**Occupation:** Chiropractor  
**Height:** 5' 9"  
**Weight:** 180 lbs  
**Hair color:** Brown  
**Eye color:** Green  
**Health:** Good, but has diabetes (Type II) and high blood pressure

### Maternal Grandmother

**Age:** 84  
**Alive:** Yes  
**Race:** Caucasian  
**Ethnicity:** Irish/Italian  
**Education:** Bachelor's Degree  
**Occupation:** Homemaker  
**Height:** 5' 1"  
**Weight:** 100 lbs  
**Hair color:** Brown  
**Eye color:** Blue  
**Health:** Good, but died from kidney failure

### Father

**Age:** 53  
**Alive:** Yes  
**Education:** Some College  
**Occupation:** Business Owner  
**Height:** 5' 4"  
**Weight:** 165 lbs  
**Hair color:** Dark Brown  
**Eye color:** Green  
**Health:** Good, but has high blood pressure (due to stress)

### Mother

**Age:** 53  
**Alive:** Yes  
**Education:** Some College  
**Occupation:** Real Estate  
**Height:** 5' 5"  
**Weight:** 120 lbs  
**Hair color:** Brown  
**Eye color:** Blue  
**Health:** Good

### Brother

**Full or half:** Full  
**Age:** 22  
**Alive:** Yes  
**Education:** Graduate School  
**Occupation:** Doctoral Student  
**Height:** 5' 8"  
**Weight:** 150 lbs  
**Hair color:** Brown  
**Eye color:** Green  
**Health:** Good

### Sister

**Full or half:** Full  
**Age:** 15  
**Alive:** Yes  
**Education:** Primary School  
**Occupation:** Student  
**Height:** 5' 0"  
**Weight:** 90 lbs  
**Hair color:** Blonde  
**Eye color:** Blue  
**Health:** Good

A personal message from ADELLE

## My motivation for being a Cryos International donor

When I was younger, my aunt was struggling to concieve. I didn't realize it because I was so little, but to her it was a big deal, Obviously. Eventually, she was pregnant and soon I had beautiful twin baby cousins. I didn't realize until much later, when I was old enough to understand, that my aunt had used IVF. What I DID see at the time, though, was the joy that those girls brought (and have continued to bring) into my aunt and my entire family's life. I want to help to bring that to someone else's life, and that's why I chose to become an egg donor.

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